



Therapist-led Support Group

Join us monthly at our virtual group with one of our licensed therapists for a group discussion around various topics relating to infertility and mental health. This group is free to attend, but you must register one week prior to the meeting. Click below to sign up!

[Virtual Group](#)

Third Wednesday of the Month

Facebook Groups

[Infertility Support Group](#)

This group is for women and men who are currently, or have struggled with infertility. We also welcome any individuals who are supporting someone they know going through infertility. If you have struggled with infertility or family building, you belong here.

[Parenting & Infertility Support Group](#)

We know there are some unique challenges that come when parenting after going through infertility. This group is a safe space to connect with other individuals who are either pregnant, experiencing secondary infertility, or are parenting after/while going through their infertility journey.

Local and National Resources

Utah Adoption

Children's Service Society of Utah

Millcreek, Utah

(801) 625-8527

Millcreek Counseling and Adoption Services

Holladay, Utah

(801) 865-1453

Utah Adoption Specialists

Layton, Utah

(801) 900-5770

A Act of Love

Sandy, Utah

1 (800) 835-6360

Fertility Clinics

Conceptions Fertility Center

Provo, Utah

(801) 655-5245

Male Fertility and Peyronie's Clinic

Orem, Utah

(801) 655-0015

Reproductive Care Center

Clearfield Clinic

Sandy Clinic

(801) 784-5484

(801) 878-8888

Restorative Reproductive Medicine, University of Utah

South Jordan

(801) 213-2995

Utah Center for Reproductive Medicine

Centerville Health Center

(801) 693-7900

Intermountain HealthCare - Women's Center

(801) 507-7730

Parkway Health Center

(801) 234-8600

Salt Lake Clinic

(801) 581-3834

South Jordan Health Center

(801) 213-4500

Utah Fertility Center

(801) 758-5100

Murray Clinic

Ogden Clinic

Pleasant Grove Main Clinic

Salt Lake City Clinic

St. George Clinic

3rd Party Family Building

Counselors Who Offer Psychological Evaluations for Surrogacy

Jordan Rullo, LLC

(385) 202-4250

Salt Lake City, Utah

Embryo Matching Only Websites

[Miracles Waiting](#)

[National Registry for Adoption](#)

[National Registry for Donation](#)

Embryos Created Through Sperm & Egg Donation

[Atlantic Shared Beginnings](#)

[California Conceptions](#)

[Embryo Solutions](#)

[Prague IVF Center](#)

National Embryo Donation/Adoption Centers

[Cryos International](#)

[National Embryo Donation Center](#)

[Snowflakes Embryo Donation Center](#)

National Sperm Donor & Egg Donor Banks

[California Cryobank](#)

[Cryos International](#)

[Donor Egg Bank USA](#)
[Fairfax Egg Bank](#)
[My Egg Bank](#)

Online Resources

[Creating A Family](#)
[Donor Sibling Registry](#)
[Embryo Adoption Awareness Center](#)
[Family Equality](#)
[Parents Via Egg Donation](#)

Utah Clinic Donor Embryo Program

[Reproductive Care Center](#)
[Utah Center for Reproductive Medicine](#)
[Utah Fertility Center](#)

Sex Therapy

Core Healing Counseling

Murray, Utah

[\(385\)204-4056](#)

Malan Relationship Health

Salt Lake City, Utah

[\(801\)334-7217](#)

POW Therapy: Place of Optimal Wellness

Park City, Utah

[\(435\) 731-9083](#)

Relationship Design

Salt Lake City, Utah

[\(801\) 915-9255](#)

Awaken Center for Healing - Paige Vandersloot

Alpine, Utah

[\(801\) 207-7986](#)

Tammy Ellis Therapy

Layton, Utah

[\(385\) 338-4257](#)

The Healing Group

Midvale, Utah

[\(801\) 305-3171](#)

Employers with Infertility Benefits

This resource list is updated regularly, however, we encourage you to verify this information with any providers listed to confirm their most recent information of infertility coverage.

[Accenture](#)

[Adobe](#)

[Bank of America](#)

[Amazon](#)

[Apple](#)

[BD Medical](#)

bioMerieux
Chanel
Chase Bank
Cigna
Cisco
Dell EMC
Discover
Ebay
Fidelity
Goldman Sachs
Google
IBM
Intel
JetBlue
Key Bank
Kimberly Clark
LinkedIn
Meta
Microsoft

Netflix
News Corporation
PayPal
Pinterest
Salesforce
Schreibers
Spotify
Stampin' Up
Starbucks
State of Utah
The LDS Church
Uber
Unilever
Walmart
Wayfair
Willis Tower Watson
Workday
X
Zillow

Financial Support Opportunities

This resource list is updated regularly, however, we encourage you to verify this information with any providers listed to confirm their most recent information of financial support.

Financing Options

Attain Fertility
Light Stream
Prosper Healthcare

Grants

Baby Quest Foundation
Cade Foundation Family Building Grant
Hope for Fertility
Infant CPR Grant
Pay it Forward Fertility Foundation
The International Council on Infertility Information
Dissemination

Alternative and Holistic Treatments

Birthsmarter

Salt Lake City, Utah

(801) 648-1326

Eastern Bench Holistic Healthcare

Millcreek, Utah

(385) 220-9126

Harmony Acupuncture Clinic

Salt Lake City, Utah

(801) 707-7612

Integrative Functional Nutrition

Bountiful, Utah

(385) 243-1752

Lotus Spring Acupuncture and Wellness

American Fork, Utah

(385) 498-3914

Wasatch Community Acupuncture

Millcreek, Utah

(801) 364-9272

Wild Sage Acupuncture

Cottonwood Heights, Utah

(801) 849-8313

LGBTQ+ Community

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[Utah Center for Reproductive Medicine](#)

[Utah Fertility Center](#)

Voices of Infertility

Books For Parents To-Be

[Chosen For Greatness](#)

[Creating Life Against The Odds: The Journey From Infertility to Parenthood](#)

[Conceived by Science: Thinking Carefully and Compassionately about Infertility and IVF](#)

[Infreakinfertility: How to Survive When Getting Pregnant Gets Hard](#)

[In It Together – Infertility](#)

[Stronger Than Infertility: The Essential Guide to Navigating Every Step of Your Journey](#)

[Of Souls and Snowflakes](#)

[Souls On Ice](#)

[The Insider's Guide to Egg Donation: Compassionate and Comprehensive Guide for All Parents-To-Be](#)

Children's Books

[A Tiny Itsy Bitsy Gift of Life: An Egg Donor Story](#)

[A Rainbow Baby Story: The Rainbow After the Storm \(Explain It To Me!\)](#)

[Chosen And Loved](#)

[Comprehensive List of Children's Books for Donor Conception by Type](#)

[Hope & Will Have A Baby: The Gift of Egg Donation](#)

[Mommy, Was Your Tummy Big?](#)

[Phoebe's Family: A Story About Egg Donation](#)

[One More Giraffe](#)

[The Bedtime Story](#)

[The Roo Who Grew in My Heart](#)

[The Very Special Ducklings: A Very Simple Story About Egg Donation](#)

[Training Wheels: How Did I Get Here?](#)

[Ready-Made Sweetie: All Mixed](#)

Infertility & Related Podcasts

[\(In\)fertility Connections](#) by Infertility Connections

[Dear Infertility](#) Kristyn Hodgdon

[Fearless Infertility](#) Jenica Parcell

[The Fertility Warriors](#) Robyn Birkin

[The Sad Mom's Club Podcast](#) Joni Lybbert